

PRAYER LIFE

THE FOUR SPIRITUAL LAWS:

- 1) **God's Purpose:** God created us in goodness, for the purpose of sharing his love and his happiness with us, both now and forever.
- 2) **Our Problem:** We rejected God's loving plan for us through sin, and thus we lost our way both in this world and in the life that is to come.
- 3) **God's Provision:** God provided a saving sacrifice for the forgiveness of our sins through the life, death, and resurrection of Jesus Christ.
- 4) **Our Pathway:** We are on the way to heaven when we personally entrust our lives to Jesus Christ in the community of his Church.

PRAYER OF COMMITMENT:

**LORD JESUS CHRIST, SON OF GOD,
HAVE MERCY ON ME, A SINNER.**

**FILL ME WITH YOUR SPIRIT,
SO THAT I MAY LIVE A NEW LIFE.**

**HELP ME TO KNOW YOU, TO LOVE YOU,
AND TO SERVE YOU IN THIS WORLD,**

**SO THAT I MAY BE HAPPY WITH YOU
BOTH NOW AND FOR ALL ETERNITY.**

THANK YOU, LORD. AMEN.

The world, as we know it, is not how God intended it to be. Jesus Christ came to change that. Accept Jesus Christ as your Savior and discover in Him what life and happiness are really all about. Come back to Jesus! Come back to his One, Holy, Catholic, and Apostolic Christian Church!

SPIRITUAL DEFINITIONS:

- **Sacrament:** an outward sign of inward grace, as given to us by Jesus Christ through his Church.
- **Grace:** an intimate sharing in the life and love of God, through the saving power of the holy sacraments.

SACRAMENTS OF INITIATION:

- **Baptism:** prayerfully using water in the name of the Holy Trinity to initiate people into the Christian Faith.
- **Confirmation:** being anointed with the gifts of the Holy Spirit in order to lead a truly Christian lifestyle.
- **Eucharist:** bread and wine are prayerfully changed into the Body and Blood of Christ for our salvation.

SACRAMENTS OF HEALING:

- **Penance:** for the forgiveness of sins committed after Baptism (This sacrament is also called Confession or Reconciliation).
- **Anointing:** a prayerful anointing to comfort the sick and to dedicate their sufferings to Jesus on the cross.

SACRAMENTS OF COMMUNITY:

- **Ordination:** making new deacons, priests, and bishops for the spiritual leadership of the Catholic Church.
- **Marriage:** blessing a man and woman as they prayerfully start their life together as a new Christian family in the Lord.

THE SEVEN GIFTS OF THE HOLY SPIRIT:

- 1) **Knowledge:** being able to correctly explain the teaching of Christ and his Church because you not only know it but live it.
 - 2) **Understanding:** appreciating why these holy teachings make a difference in your life and can change the world for the better.
 - 3) **Wisdom:** accepting Christ's teachings as the truth, the whole truth, and nothing but the truth; embracing them as your truth as well.
 - 4) **Counsel:** making right judgments in your daily life and in the advice that you give to others, bringing them to Christ as their Savior.
 - 5) **Piety:** following a personal spiritual Plan of Life to support your Catholic Christian lifestyle and help you grow in holiness.
 - 6) **Fear of the Lord:** developing your interior life with your eyes always focused on Jesus, the founder and perfecter of our faith.
 - 7) **Fortitude:** having the courage to stand by your Christian principles, especially when it is difficult, out of love for Jesus your Lord.
-

Our lives are the questions to which Jesus Christ is the only answer. Let Jesus make a difference in your personal life today as your God!

**WHAT DIFFERENCE DOES JESUS CHRIST MAKE
IN HOW YOU UNDERSTAND WHAT LIFE IS ALL ABOUT?**

**WHAT DIFFERENCE DOES JESUS CHRIST MAKE
IN HOW YOU LIVE OUT YOUR LIFE EACH DAY?**

THE NINE FRUITS OF THE HOLY SPIRIT:

- 1) **Love:** The Holy Spirit has infused us with the capacity for selfless love. We will the good of others, for the love of God and of our neighbor, without the desire of reward for our noble efforts, in the spirit of Jesus.
- 2) **Joy:** When the Holy Spirit enters our hearts, we realize that happiness comes not from power, popularity, pleasure, or possessions, but from knowing Jesus, and following Jesus, as the God of our lives.
- 3) **Peace:** There is a tranquility within our soul that comes from our reliance on God. Through prayer and worship, we experience an inner peace from above, and we work to spread that peace throughout the world.
- 4) **Patience:** By treating others with thoughtfulness and kindness, we are exercising our ability to resist temptation, and we are demonstrating the power of God's mercy and forgiveness in our lives.
- 5) **Kindness:** The willingness to do more for others than they do for us is true kindness. We resolve to treat others the way we would like to be treated, regardless of whether others reciprocate or not.
- 6) **Goodness:** To renounce evil and to embrace that which is good, we repent of our sins, and seek God's ways above our ways. Jesus calls us to become perfect as our heavenly Father is perfect, through faith.
- 7) **Faithfulness:** To quietly endure the provocations and attacks of others, our perseverance and patience reveals our true strength of character. We stay faithful to God, no matter what, because God always has our back.
- 8) **Gentleness:** To be gracious and mild in our behavior, especially when others are not, is one of the Beatitudes, for the meek shall inherit the earth. Gentleness is the greatest demonstration of inner power and strength.
- 9) **Self-Control:** We faithfully live out our daily lives in accordance with God's will, and we embrace the teachings of Jesus Christ, of the Holy Scriptures, and of his Church, as our own personal values for daily living.

How do you know that the Holy Spirit is at work in your life? Look for the fruits of the Spirit through which the gifts of the Spirit make a difference!